What is DPC?

Background

Direct primary care, DPC, is paying a monthly membership fee for your doctor's services, instead of going through insurance or a lump sum for services rendered. Similar to a gym membership, this allows the doctor to limit their overhead and, instead of spending time on insurance requirements, spend more time with each patient, getting folks in more quickly when needed.

Your small town doctor

Values

Having practiced in large health systems as well as in urgent cares, Dr. Langley has found DPC is best way to provide amazing care. This setup allows her to form real, lasting relationships with patients. She isn't interested in only fixing whatever is bothering you today and sending you on your way; this is more like an old time small town family doctor. Dr. Langley is there for you through it all, and is available via email and text after hours, too.

Visit Us

1-25 to Baptist, Right on Gleneagle 15455 Gleneagle Dr, Suite 112 C/S, CO 80921



Free meet and greets with the doctor

719-653-7838
COSDoctor.com



Guided by Faith, Grounded in Respect.



The only trained NFP Medical Consultant in Colorado Springs



Areas of Expertise

Commonly treated health concerns

Although fully trained and practicing as a family medicine physician, including sports injuries, joint injections, skin procedures, and your regular coughs and colds, Dr. Langley is also particularly interested in helping with:

- · premenopausal abnormal bleeding
- subfertility/infertility
- medical management of abnormal discharge
- perimenopausal hormone therapy
- menstrual cramps, PMS
- low testosterone workup
- acne

What is included?

Access to your own personal physician who knows you, will get you in quickly, or answer your concerns via email or phone. All procedures, medications, and labs available at the clinic are offered at cost; see our web site for more details!

Costs

Age	Price
Ages 18-39	\$69/month
Ages 40-64	\$85/month
Ages 65+	\$99/month
First child	\$39/month
Additional children	\$20/month

One-time \$100 enrollment fee per household

What if I have insurance?

Half of our patients do, too, and we recommend it! But use it more like their car insurance; maybe for labs, medications, and imaging when it makes sense, but mostly for big surgeries and accidents.

When folks use insurance for day-to-day primary care, you get what we hear complaints about every day from the traditional healthcare system: it's hard to get in to see your doctor, wait times are outrageous, you only get to mention one or two issues at a time, and then you have to pay another co-pay for another appointment.

About the Doc

Middle school science teacher turned family medicine physician

Rachel Langley, DO, grew up just outside of Washington, DC and attended CU Boulder for undergrad where she not only was solidified in her Catholic faith through the diversity of thought there, but she found the love of her life, Luke, who has allowed the rest of her dreams to come true.

After graduation she taught math, science, religion, and computers to middle schoolers at Holy Trinity Catholic School in Westminster, CO. But she felt she ought to allow God the chance to send her to medical school, so she applied; when the Air Force offered to pay for her to attend Kansas City University of Medicine and Biosciences, it seemed His will!



She and Luke welcomed a new baby at every duty station they went to, from Wichita to Las Vegas for residency, to Enid Oklahoma to care for pilots-intraining, to a dream assignment in Spangdahlem Germany, and finally to Colorado Springs, where family and a Reserve assignment awaited them.

Dr. Langley learned the ropes of DPC from another practice in town. She loved being able to provide fighter-pilot level medical care for puddle-hopper prices. Plus, without the giant headaches of health insurance, she gets to spend more time with her family and their innumerable hobbies. In 2023 she opened her own independent clinic to operate precisely as her conscious dictated.

Where Compassion and Conscience Align

Where can I learn more?

- COSDoctor.com
- youtube.com/@RachelKLangleyDO
- facebook.com/homesteadDPC
- instagram.com/homesteadDPC



Dr. Langley is rebelling against that kind of care with her own independent clinic where she can work directly for her patients, NOT the insurance companies.

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